















## Monday Daily Special Menu

### Starter

Tomato And Red Pepper Soup   

### Main Course

Toad in the Hole

Meat Sausages        or Vegetarian Sausages     

Or

Vegetarian Filo Parcels    

Served with

Baby New Potatoes 

Mashed Potatoes 

Green Beans and Buttered Carrots 

### Dessert

Jam Roly Poly    

Light Bites Menu is also available

Please ask our staff for additional Allergen Information



[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)



## Tuesday Daily Special Menu

### Starter

Courgette and Garlic Soup

### Main Course

Lancashire Hot Pot

Baked Stew with a Potato Top

Or

Creamy Leek and Cheese Dauphinoise

Served with

Herb Diced Potatoes

Mashed Potatoes

Cauliflower Florets and Steamed Garden Peas

### Dessert

Treacle Sponge Pudding

Light Bites Menu is also available

Please ask our staff for additional Allergen Information



[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)



## Wednesday Daily Special Menu

### Starter

Carrot and Coriander Soup  ✓

 ✓

### Main Course

Oven Roasted Chicken

Served with Sage and onion Stuffing  ✓

Or

Roasted Vegetable Lasagne  ✓

Served with

Crispy Roasted Potatoes ✓

Mashed Potatoes  ✓

Selection of Seasonal Vegetables ✓

### Dessert

Cherry Pie  ✓

Light Bites Menu is also available

Please ask our staff for additional Allergen Information



[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)



## Thursday Daily Special Menu

### Starter

Pea and Watercress Soup  

### Main Course

Sweet and Sour Pork    

(Braised Pork with Onions, Peppers and a Sweet and Sour Sauce)

Or

Mushroom Stroganoff      

Served with

Steamed Rice

Mashed Potatoes  

White Cabbage  and Baby Carrots  

### Dessert

Baked Apple Strudel    

Light Bites Menu is also available

Please ask our staff for additional Allergen Information



[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)



## Fish Friday Daily Special Menu

### Starter

Hearty Vegetable Soup 🌿 ✓

### Main Course

Hand Battered Fish Fillet 🐟 🥛 🌿 🥚 🌿

Served with Tartare Sauce 🥚 🌿 and a Lemon Wedge

Or

Fried Macaroni and Cheese Balls 🥚 🥛 🌿 ✓

Served with

Home Cut Chipped Potatoes ✓

Mashed Potatoes 🥛 ✓

Mushy Peas ✓ and Baked beans ✓

### Dessert

Chocolate Self Saucing Pudding 🥚 🥛 🌿 ✓

Light Bites Menu is also available

Please ask our staff for additional Allergen Information



[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)



## Saturday Daily Special Menu

### Starter

Jamaican Chicken and Coconut Soup 🌿

### Main Course

Beef & Mango Jamaican Stew 🌿 🌿 🌿

Braised Beef with Mango and Vegetables

Or

Jamaican Spicy Potato Curry 🌿 ✓

Served with

Rice and Peas ✓

Mashed Potatoes 🍷 ✓

Coleslaw 🌿 🍷 🍷 ✓ and Salad ✓

### Dessert

Jamaican Ginger Sponge 🍷 🌿 🍷 ✓

Light Bites Menu is also available

Please ask our staff for additional Allergen Information



[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)



## Sunday Carvery Menu

### Starter

French Onion Soup 

### Main Course

Roasted Leg of Lamb  Or Turkey 

Served with Mint Sauce or Sage and Onion Stuffing 

Or

Winter Vegetable Strudel 

Served with

Roasted Potatoes 

Mashed Potatoes 

Selection of Seasonal Vegetables 

### Dessert

Lemon Meringue Pie 

Light Bites Menu is also available

Please ask our staff for additional Allergen Information



[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)